

## A NOTE FROM THE CARDINAL

Dear Brothers and Sisters in Christ.

San José Clinic has served as a safe haven and health-home for the underserved of Houston for 97 years. The success of this ministry has depended upon the determination and hard work of our dedicated volunteer medical and dental providers, who have generously given their precious time and talent to fulfill our mission of providing guality, affordable healthcare to the uninsured and uninsurable in our community.

Our Holy Father, Pope Francis, reminds us that the Church's service to the sick and those who care for them must continue with renewed vigor, in fidelity to the Lord's command (cf. Lk 9:2-6; Mt 10:1-8; Mk 6:7-13). "Doctors and nurses, priests, consecrated men and women, volunteers, families and all those who care for the sick take part in this ecclesial mission. It is a shared responsibility that enriches the value of the daily service given by each." [Message of His Holiness Pope Francis for the Twenty-Sixth World Day of the Sick 2018 (11 February 2018)]

As we look forward to San José Clinic's 100-year anniversary, please join me in praying that God will continue to bless all who enter the doors of San José Clinic, including the volunteers, staff, and generous benefactors who are vital supporters of the Clinic's mission, for their commitment to delivering quality healthcare with dignity, respect, and kindness to those seeking compassionate care. With your support, San José Clinic will continue to grow while touching thousands upon thousands of lives and be a vibrant part of our faith and healthcare communities.

Sincerely Yours in Christ,

+ Daniel Carolinal Dikardo

Daniel Cardinal DiNardo, STL Archbishop of Galveston-Houston

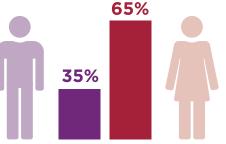
## **TYPE OF VISIT**

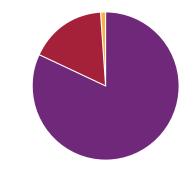
#### Medical 8,691

**Dental 6,756** 

## In 2018, we served **3,762** patients resulting in a total of **30,548** patient visits.







## **ETHNICITY**

82% Hispanic/Latino 17% Non-Hispanic/Latino 1% Unreported

### **PATIENT AGE**

		47 Years – Average	
0-17	18-40	41-64	65+

#### Pharmacy 8,546

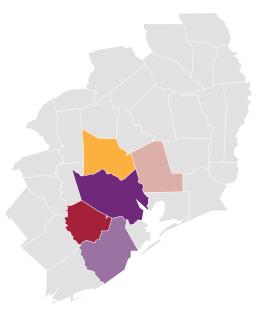
In 2018, 24,803 prescriptions were dispensed.

#### Ancillary 6,555

Includes Diabetic Education, Laboratory Services, Physical Therapy, Radiology, Mental Health and Ultrasounds

#### **TOP 5 COUNTIES**

- 80% Harris County
- **6%** Fort Bend County
- **4%** Montgomery County
- **3%** Brazoria County
- 1% Liberty County





## A NOTE FROM THE PRESIDENT AND BOARD CHAIR

Dear Supporter of San José Clinic,

For 97 years, San José Clinic has upheld the legacy of our founders by continuing to provide quality healthcare services for individuals and families in the Greater Houston area who struggle the most with accessing care. We pride ourselves on delivering quality healthcare and education to those with limited access in an environment which respects the dignity of each person.

Our collaborative partners, academic affiliates, volunteers, and staff form the hardworking core of service delivery at San José Clinic and leverage limited staff and financial resources. We are truly grateful for their partnership and commitment to helping us fulfill our mission of providing compassionate care for 3,762 patients, resulting in 30,548 visits in 2018.

As we plan for the future, we acknowledge our present accomplishments and reflect on our challenges. Through this incredible year, with your help as a supporter of the Clinic, we completed a transition within the Clinic leadership and started looking at a growth path.

As the demand for our services grow, we are increasingly challenged to increase our staff and resources and prepare for the future. We now focus our attention forward to expanding into Fort Bend County and embracing growth. We are confident in the direction we are moving and look forward to making a greater impact in the community.

On behalf of each patient whose life you have so greatly impacted, we thank you for your continuing support and dedication to helping us fulfill our mission.

Sincerely,

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Mary Cronin Board Chair San José Clinic

Maurien Sanders

Maureen Sanders President & CEO San José Clinic



Our mission is to provide quality healthcare and education to those with limited access to such services in an environment which respects the dignity of each person.

San José Clinic was founded in 1922 with the vision of Monsignor George T. Walsh, a donation of \$50 from the Charity Guild of Catholic Women, and the service of community volunteers, who all came together with the same hope of breaking down barriers to healthcare for the underserved.

For nearly a century, the Clinic has grown from a small frame house to a multi-level healthcare facility; making San José Clinic one of the leading providers

of quality healthcare services for the underserved in the Greater Houston area. Today, we proudly uphold the legacy of our founders by continuing to provide healthcare for those who need a health home the most, including primary and specialty medical and dental care as well as vision, laboratory and pharmacy services. San José Clinic is a ministry of the Archdiocese of Galveston-Houston, a Texas Medical Center member institution, and a United Way agency.



# VOLUNTEERS

Our volunteers are a part of our ministry and legacy that has been serving Houston for nearly a century. Through their generous donation of time and talent, volunteers make it possible for San José Clinic to fulfill its mission. Exceptional volunteer healthcare providers and community volunteers work together alongside Clinic staff to serve the uninsured of Houston.

In 2018, our dedicated 914 volunteers provided 34,204 hours of service at a value of \$953,173.



Occupation: Physician Assistant Volunteer since 2010 Volunteer of the Year, 2018

Fifteen years ago, Mr. Louis Wu visited San José Clinic to work as part of his monthly responsibility with the U.S. Army Reserves. After retiring from the U.S. Army Reserves and from the Michael E. Debakey VA Medical Center, Mr. Wu began volunteering at San José Clinic every Friday morning. As a volunteer physician assistant, he helps to fulfill a need in Harris County to care for patients with common ailments and limited access to healthcare. In 2017, Mr. Wu responded to the needs of those living in Angleton and Rosenberg affected by Hurricane Harvey.

"When you volunteer, you obtain a great deal of personal satisfaction. After retirement, you have more opportunity and incentive to volunteer because you have more time. I looked at other places to volunteer and settled here because San José Clinic is so inviting, the staff is friendly, always eager to help and very supportive, which makes it enjoyable."

Mr. Wu was born in China and immigrated to the U.S. in 1956 with his parents and sisters. He served in the U.S. Military Army Reserve for 23 years. He received his Physician Assistant training from UTMB Galveston.

Mr. Wu is San José Clinic's 2018 Volunteer of the Year!







# **VOLUNTEER SPOTLIGHT**

Meet Mr. Louis Wu





# PATIENT SPOTLIGHT

#### Meet Valentina Quiroga

In 2014, Valentina Quiroga traveled to the United States to visit her parents, who had recently moved to Houston from Bolivia. During her visit, she obtained a high fever and was admitted to the hospital for two months. She was 28 years old and diagnosed with multiple sclerosis (MS), a disabling autoimmune disease of the brain and spinal cord, and encephalitis.

As a result of this disease, she lost her ability to walk and her life changed dramatically. She was unable to return home or to her job as a human resource manager in telecommunications in Bolivia. She became depressed. She missed living independently, dancing, swimming, and her friends. Now, she was completely dependent on her parents. Without work and insurance, her rehabilitation, medication, and physical therapy became extremely costly.

In 2017, she came to see Dr. Ericka Simpson, MD, a volunteer neurologist at San José Clinic, who recommended that she begin physical therapy. She began attending physical therapy twice a week and improved greatly. She had learned to live with her disability, work on the computer and was planning to return to Bolivia to work again.

In 2018, she had a relapse and returned to the hospital for three months. She lost control of her upper body movement and struggled with speaking.

In January of 2019, a Clinic supporter whose husband had recently passed away donated a Sara 3000 power standing lift device. Dr. Beverly Newman, PT, PHD, San José Clinic's volunteer physical therapist, contacted Valentina immediately. She had not been able to stand up for five years, and this device provides the support to stretch her muscles and spinal cord and strengthen the muscles in her feet. Valentina is grateful to this donor and to San José Clinic. 'Miraculously, this device came just in time." She explains, "My father returned to Bolivia to begin working again to support our family. With my father gone, my mother carries the burden of being my primary caretaker. The Sara Lift alleviates some of our stress and enhances my life by improving my mobility, independence, and safety. San José Clinic is a blessing for the uninsured."

Meet Duigne Galvez Occupation: Medical Assistant Good Samaritan of the Year. 2018

The Good Samaritan is an annual employee award, based on nominations from the Clinic staff.

Duigne Galvez has been working at San José Clinic as a medical assistant since March 2017. She is committed to her work and has over 18 years of experience working in the medical field. Duigne believes God brought her to the Clinic to help care for people that struggle in life.

"Just being here and reassuring our patients that we will care for them no matter what their economic situation or status makes a great impact. Over the past two years, I have grown to love San José Clinic. I enjoy learning from the doctors and assisting with different specialties. The Clinic offers so much more than primary care and I hope more people learn about the specialties available here. "

Duigne was born in Costa Rica and moved to Houston with her mom and siblings when she was three years old to be near her grandparents after her dad passed away. She graduated from North Shore High School and received her medical assistant training from the National Institute of Technology in Houston. In 2016, Duigne moved back to Costa Rica with her husband and two children, but it was difficult for her children to adjust to living abroad so they decided to return to Houston.

in God.

# STAFF SPOTLIGHT

When she's not at the Clinic, Duigne enjoys spending time with her family. She has a passion for participating in church activities and sharing her faith













On Saturday, May 5, 2018, over 300 guests gathered to celebrate Cinco de Mayo and support San José Clinic's Eleventh Annual Art with Heart. The evening featured a silent auction of art, beautiful jewelry, and Big Board packages, as well as live auction items focused on direct patient care, and honored Houston Mayor Sylvester Turner with the Portrait of Compassion Award for his support of and work for the local immigrant and uninsured communities.

His Eminence Daniel Cardinal DiNardo and the San José Clinic Board of Directors served as co-chairs for the event. Art with Heart, San José Clinic's signature fundraising event, raised \$215,000, which will provide care for hundreds of uninsured individuals at the Clinic.

# **8**FALL Speaker **Series**

On Tuesday, October 23, 2018, over 300 guests joined us for our Eighth Annual Fall Speaker Series at River Oaks Country Club. This event was presented by title sponsor CHI St. Luke's Health. At this year's luncheon, moderator Antonio Hernandez, morning news anchor with Telemundo Houston, and featured speakers Dr. Stephen Spann, founding Dean of the University of Houston-College of Medicine, and Dr. David Buck, Associate Dean for Community Health at the University of Houston College of Medicine led a dynamic discussion on bridging gaps and closing cultural barriers in access to care.

The San José Clinic Advisory Board hosts this annual educational fundraising luncheon to create conversations for our vibrant healthcare and philanthropic community to discuss timely topics in healthcare each year. Fall Speaker Series raised over \$85,000 to support our mission of providing quality, affordable healthcare to the uninsured in our community.









#### Volunteer

Exceptional volunteer healthcare providers, institutions of higher learning, church groups, community service organizations, retirees, and community volunteers work alongside Clinic staff to provide an array of services to those in need. To become a volunteer, contact Estelle Luckenbach, Volunteer Administration Director, at (713) 228-9413 or volunteer@sanjoseclinic.org.



#### Donate

San José Clinic receives 90% of our funding from philanthropic sources. Join our financial supporters to help ensure quality care for the uninsured of Houston. You can give in honor or in memory of a loved one online at sanjoseclinic.org/give or by phone at (713) 490-2633.



#### **Fundraising Events**

San José Clinic has fundraising events throughout the year, including Art with Heart and Fall Speaker Series. These events raise vital operating support and awareness.



#### Patient Events

Our patient events, including the Back-to-School Event and Christmas Party, bring joy to our patients and their families. You can volunteer at the parties, assist with preparations, or financially support these events.



#### **Corporate Engagement**

Corporate sponsorship of events or programs and matching gift programs, are ways for companies to get involved.



#### **Collaborative Partners**

San José Clinic relies on volunteer healthcare providers and other community volunteers from institutions of higher learning, church groups and other faith-based and community service organizations and retirees. In addition to the much needed manpower, donated medications, supplies and support from funders combine to keep the Clinic costs at a minimum.

Make a one-time gift, become a sustaining giver, or give in honor or memory of someone special.

Be tax-wise by donating appreciated securities, such as stock or mutual funds.

Make a matching gift through your company match and amplify your gifts.

**Planned gifts** are a very thoughtful way to provide for the future needs of San José Clinic.



# WAYS TO GIVE

Your monetary and in-kind gifts help San José Clinic fulfill our mission to provide quality healthcare for the uninsured.

**Donate Online** at sanjoseclinic.org/give

For more information, please call (713) 490-2633.

## IN MEMORIAM

James "Jim" Booth August 29, 1949 - May 4, 2018

Jim Booth faithfully served on San José Clinic's Board of Directors from 2010 to 2018. He served as the Board Chair and Finance Committee Chair.

# LEADERSHIP 2018



#### 2018 Board of Directors

His Eminence Daniel Cardinal DiNardo, STL Archbishop of Galveston-Houston

Mary A. Cronin - Chair Former Associate Vice President for Human Resources – Rice University

Christina Deaion - Ex-Officio Vice Chancellor & Associate General Counsel Archdiocese of Galveston-Houston

Richelle Webb Dixon Vice President Operations Integration and Structure -Catholic Health Initiatives

Mary Frances Fabrizio Charity Guild of Catholic Women Community Volunteer

**Catherine Giegerich** Chief Nursing Officer Memorial Hermann Hospital -The Woodlands

Michelle Herrera, DDS, JD Community Volunteer

Ken Janda President and CEO Community Health Choice, Inc.

Amy Leggio Executive Director of Development University of Houston

Daniel J. Llerena Vice President of Finance Forward Science

James Lloyd, DDS Hedwig Village Family Dentistry Michele Mallov Attorney Stewart & Wiley

Margo Melchor, EdD Community Outreach and Associate Professor University of Texas School of Dentistry at Houston

Robert A. Ochoa, MD General Surgery, Houston Methodist Speciality Physician Group Rice Business Board Fellows Program

Priti Schachel, MD, FACOG Medical Director - OB/GYN Houston Methodist

**Robert M. Schick** Partner Vinson & Elkins L.L.P.

Michael Sullivan, PhD, FACHE Assistant Professor University of St. Thomas – Houston

Charles van Ravenswaay Director - Treasury & Assistant Treasurer TEAM, INC

**Thomas Howard Wilson** Partner Vinson & Elkins L.L.P.

Anita K. Ying, MD Executive Medical Director and Associate Professor, The University of Texas MD Anderson Cancer Center, Endocrine Center

Sister Jane Zartman, CCVI Congregation of the Sisters of Charity of the Incarnate Word

#### 2018 Advisory Board

Philip A. Morabito - Chair Chief Executive Officer Pierpont Communications, Inc.

Sallie Alcorn Former Analyst, City of Houston, Mayor's Office

**Bob Charlet** President & Publisher Houston Business Journal

Michael J. Davis, MD, MBA Community Volunteer

Christopher Erdeljac Executive Vice President Houston Furniture Business Unit

John Hernandez Senior Vice President Diverse Markets Banking Amegy Bank

Larry W. Massey, Jr. President Scanlan Foundation

Patricia C. Mitchell Community Volunteer

Leonid M. Onyiego Managing Partner 7-21 Capital Group, LLC

Daniel S. Parsley President AngelMD, Inc

Louis Rossitto Assistant City Attorney City of Houston

#### Clinic Staff

Maureen Sanders **United Way** President and Chief Executive Officer Heidi Bunyan, MPA, MPH **Annual Giving** Chief Operations Officer Diana Grair, MD Medical Director Adlia Ebeid, PharmD, BC-ADM, RPh Patient Income Pharmacy Services Director Laura John, PHR, SHRM-CP Human Resources Director Other Income Neena Arora, MHA/MBA Senior Director of Operations Jo Ann Burditt. RN Medical Services Director Cristina Herrera, MEd

Communications and Events Director

Estelle Luckenbach Volunteer Administration Director

Sandy Alvarez Medical Services Manager

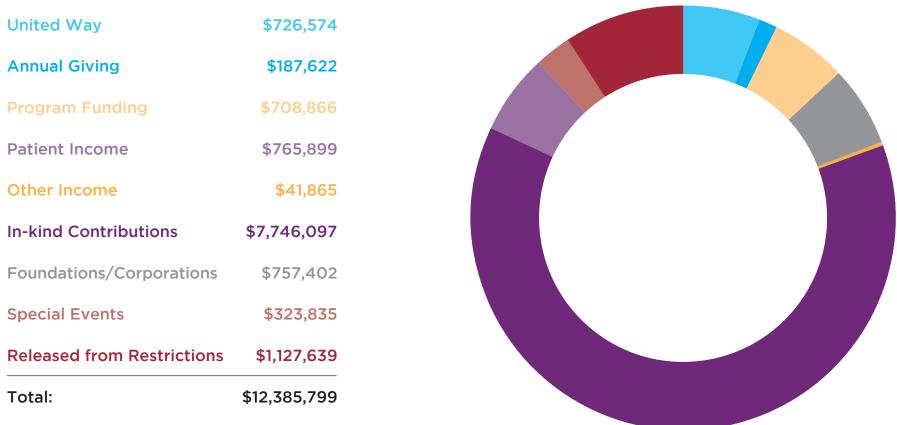
Sean Carson Information Technology Manager

Amy Leiva Neira Dental Practice Manager

Nieves McClellan Operations Manager

Total:

# **REVENUE - 12/31/2018**



## **THANK YOU!**

Your dedication and generosity play a tremendous role in ensuring thousands of hard-working, uninsured Texans can receive quality healthcare. Thank you for recognizing the value of providing a respectful dignified health home for those in need.



#### **Our Mission:**

To provide quality healthcare and education to those with limited access to such services in an environment which respects the dignity of each person.



Founded in 1922, San José Clinic is a 501 (c)(3) non-profit organization, a United Way Agency, a Texas Medical Center member institution, and a ministry of the Archdiocese of Galveston-Houston.

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