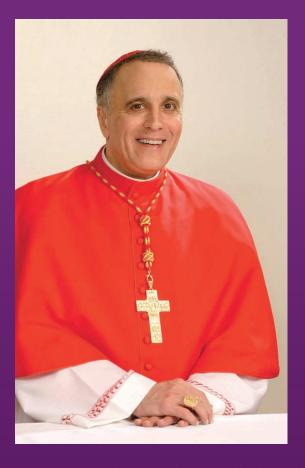
# FOREVER HEALING





# A note from the **CARDINAL**

Dear Brothers and Sisters.

The Book of Deuteronomy finds God exhorting his people: "open wide your hand to your brother, to the needy and to the poor in your land." This admonition takes on an even deeper dimension when the Lord Jesus reveals that, "whatever you did for one of these least brothers of mine, you did for me." To care for those in need and to lift-up those who are lost, weak, or without hope is not just a societal good, but a response to the God who so often is found in distressing disguises.

For more than one hundred years, San José Clinic has served as a haven and health-home for the underserved of Houston. The Clinic does not just administer quality healthcare but offers kindness,

compassion, and a caring heart to all. Through the years, the success of San José Clinic has depended upon the determination & hard work of our dedicated community and generous benefactors. I am personally grateful for each person who has given generously of their time and talent for over a century.

As we look forward and plan for many more years of committed service, I hope you will join me in praying that God will continue to bless all who enter the doors of San José Clinic, whether in need or to provide service. With your support, I am certain that the Clinic's legacy of caring & compassion for the underserved will only continue to grow in serving our brothers and sisters in need.

With every good wish in the Lord, I remain

Sincerely yours in Christ,

Daniel Cardinal DiNardo

Archbishop of Galveston-Houston

+ Daniel Cardinal Dikardo

## IMPACT REPORT



**Texas leads the nation in uninsured residents,** and the uninsured rate in Houston is **26%**, more than double the national average.

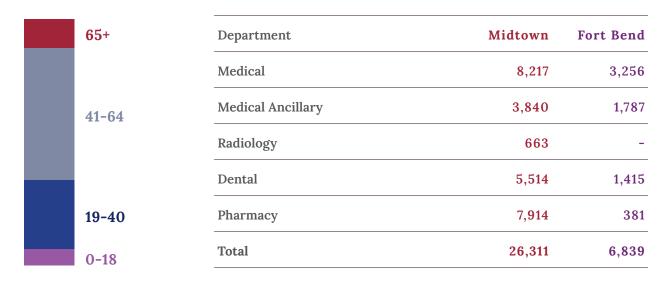
In 2023, we served **3,921 patients** resulting in a total of **33,150 patient visits**.

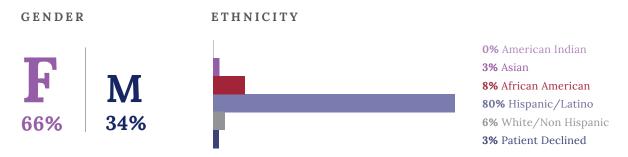
#### TOP 5 COUNTIES

HARRIS COUNTY <b>2,519</b>	brazoria <b>176</b>
FORT BEND COUNTY 988	montgomery <b>59</b>
	wharton <b>38</b>

#### PATIENT AGE

#### TYPE OF VISIT





# A note from the **PRESIDENT/CEO**



### Greeting Friends,

In 2023, San José Clinic navigated a year marked by transition and triumph. Amidst change, the Clinic's unwavering commitment to providing quality healthcare and education with respect

and compassion to those with limited access to care remained steadfast. As we embarked on our second century of service, we proudly continued to serve as a beacon of healing for those in need.

As we enter 2024, we are dedicated to making memorable patient experiences and improving our community's quality of life and health. Our sustainability is strengthened by the valuable partnerships, institutional and professional affiliations, and the support we receive from our dedicated advocates. Above all, I would like to express my heartfelt gratitude to the San José Clinic team. By answering His call to share the gifts bestowed upon us by God, we can collectively harness the power of prayer to bring about healing.

I cordially invite you to take a moment to review San José Clinic's 2023 Annual Report. Within its pages, you'll discover illuminating data showcasing the steadfast care extended to our uninsured and underserved population. One vital element, not immediately evident, is the unwavering dedication of our team members—truly the cornerstone of our organization. I want to take this opportunity to highlight two team members who EACH celebrated over 40 years of service to San José Clinic: Maria Guzman (43 years) and Julie Hsaio (40 years)! They are an integral part of our "FOREVER HEALING" teamjust as YOU are!

**Blessings** 

Margo Melchor-Hernandez
President and CEO
San José Clinic

### A note from the

## **BOARD CHAIR**



### Dear Supporters,

The San José Clinic experienced a year of growth in 2023. Driven by its mission to serve the underserved and relying on resilient staff and the generosity of volunteer providers, the Clinic

ensured access to quality healthcare and education for close to 4,000 hard-working, uninsured residents of Greater Houston.

Opening a second pharmacy location in semi-rural Fort Bend County demonstrates San José Clinic's commitment to the ongoing fight to ensure access to health for all. In collaboration with community and academic partners, the work continues to move the needle on health equity for those who fall into the coverage gap experienced by many of our neighbors.

Looking ahead to San José Clinic's next 100 years of service, the Board and staff are diligently focused on our strategic goals, which guide the effort to deliver dignified health services to the underserved and uninsured through a unique combination of resources, including in-kind and charitable donations and a talented pool of staff and volunteer health care professionals. Building on a century of success, we will continue expanding access to care and improving health outcomes for those we serve.

Thank you on behalf of the Board of Directors for supporting the San José Clinic.

All the best,

Suzanne Clevenger Board Chair

San José Clinic



The mission of San José Clinic is to provide healing through quality healthcare and education with respect and compassion for those with limited access to care.

San José Clinic was founded in 1922 with the vision of Monsignor George Walsh, a donation of \$59 from the Charity Guild of Catholic Women, and the service of community volunteers, who all came together with the same hope of breaking down barriers to healthcare for the underserved. For over a century, the Clinic has grown from a small frame house to a healthcare facility with two locations, and it has become one of the leading providers of quality healthcare services for the uninsured, uninsurable, and underserved in the Greater Houston area.

Today, we proudly uphold the legacy of our founders by continuing to fight for health equity and ensure access to health by providing healthcare for those who need a health home the most, including primary and specialty medical and dental care, as well as vision, laboratory, and pharmacy services. San José Clinic is a ministry of the Archdiocese of Galveston-Houston, a Texas Medical Center member institution, and a United Way partner.









2023 MRS. KATIE CARROLL VOLUNTEER OF THE YEAR AWARDEE

# Dr. Mary Neal

Mary Neal MD, who is a native of Louisiana, moved to Texas in 1979 to complete a residency in Obstetrics and Gynecology at Baylor College of Medicine after obtaining her medical degree from LSU School of Medicine In New Orleans. She practiced for more than 25 years with Obstetrical and Gynecological Associates at Woman's Hospital of Texas before her retirement in 2009. Immediately upon retirement, she began as a medical volunteer at San José Clinic seeing gynecological patients twice weekly. Dr. Neal also participates in medical mission trips to Guatemala with Faith in Practice and serves on the boards of Medical Bridges and the LSU Foundation.



When she is not practicing medicine, she enjoys lots of travel globally, cooking for family and friends, reading, painting and needlepointing as well as "Mimi time" with her grandchildren.

Dr. Neal says, "San José Clinic is a wonderful blessing allowing me to use my knowledge and skills to serve people who really need our help. I always feel that I receive more than I give by working with our grateful patients and wonderful staff as well as mentoring some of our young volunteers who plan to pursue a future career in medicine."





#### 2023 EMPLOYEE OF THE YEAR

# Neli Flores

Eligibility Specialist

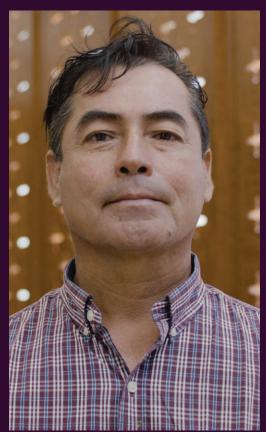
We are delighted to announce Neli as our 2023 Employee of the Year, a well-deserved accolade that reflects her exceptional contributions to our team. Neli's remarkable attention to detail, coupled with over a decade of expertise, has been instrumental in accurately identifying patients who are in dire need of our services. Her compassion shines through in every interaction, creating a positive impact on both patients and colleagues alike.

Although Neli is officially a part of the Eligibility department, her commitment to teamwork is truly commendable. Frequently, she steps up to assist her team members, often extending her support to the front desk, showcasing her versatility and making her an invaluable team player. What sets Neli apart is not only her proficiency but also her proactive approach—she anticipates needs and lends a helping hand without waiting to be asked, embodying the spirit of true dedication.

We extend our heartfelt gratitude to Neli for her unwavering hard work and dedication to Patient Access. Her contributions go beyond the call of duty, and we are fortunate to have such a stellar individual as a cornerstone of our team.











# Oscar Rodriguez

Patient

This year, Oscar Rodriguez, a husband, father of two, and a construction worker with over 25 years of experience, found himself struggling to cope with the scorching Texas summer. He fainted on the job and had to miss a week of work due to heat-related health issues.

Turning to San José Clinic in Midtown Houston, a place where he and his family has received care for years, proved to be a turning point. After meeting with his primary care physician, Dr. Fernandez, Oscar learned to recognize signs of heat-related illness and how to protect himself against it. The Clinic's pharmacy also provided him with hydrating electrolyte packets, a crucial lifeline for his physically demanding job.

"If it wasn't for San José Clinic, I wouldn't be here today." said Oscar Rodriguez. "Dr. Fernandez is the best doctor I've ever found. She always checks me thoroughly, and if she sees anything wrong, she immediately sends me to get the necessary tests or treatment. Thanks to her care, I feel way better and I am confident that I will be able to live a long and healthy life with my family."

With renewed hope and guidance, Oscar left the Clinic, better equipped to face the challenges of his profession and safeguard his health amidst the Texas sun.



## Sandra P. Martinez

Community Relations and Outreach Coordinator

In steadfast commitment to our nonprofit mission, Sandra P. Martinez has been a linchpin of our team since 2023, specializing in providing vital resources for underserved communities, refugees, migrant populations, and crisis case management. Currently serving as the Community Relations and Outreach Coordinator at San José Clinic, Sandra plays a pivotal role in elevating education and support for our patients, providers, and partners, focusing on five major areas: community connection, education, empowerment, collaboration and partnership, and outreach.

As we reflect on the accomplishments of 2023, Sandra's contributions stand out:

- **83 Outreach Events:** Sandra led the coordination of 83 impactful outreach events, fostering community engagement and strengthening our ties with the populations we serve.
- 18 Breast Cancer Events: A total of 18 events were organized to raise awareness about breast cancer, emphasizing our commitment to holistic healthcare and preventative education.
- Completion of DPP Cohort 1: The successful execution of the Diabetes Prevention Program (DPP) Cohort 1 reflects our dedication to promoting health and wellness within the community.
- 250+ Patient Referral Encounters: Sandra facilitated over
   250 patient referral encounters, ensuring seamless access to healthcare resources for those in need.

Sandra P. Martinez's efforts encapsulate the essence of our mission, making a tangible impact on the well-being of individuals and communities. For example, she facilitates the Food RX Delivery program that provides patients with chronic diseases impacted by diet with produce delivery to their homes twice a month. Her commitment to service and advocacy is instrumental in furthering the goals and objectives of San José Clinic.

Furthermore, we acknowledge the invaluable partnerships that have made Sandra's programs possible. Collaborations with The Houston Food Bank, Tigerlily Foundation, and Direct Relief have significantly contributed to the success of our outreach initiatives, reinforcing our collective dedication to enhancing community health and well-being.

# San José Clinic Fort Bend Pharmacy Expansion

In 2022, San José Clinic received its two largest grants in Clinic history, totaling \$3.1 million. This funding expanded services at the Fort Bend County Clinic, including dental care and Disease State Management, and the opening of a class-A pharmacy. Among the grants was a \$1.54 million 3-year investment designated for the pharmacy expansion.

On October 10th, 2023, the Fort Bend Pharmacy officially opened its doors, marking a pivotal moment in the Clinic's history. This pharmacy in semi-rural Rosenberg helps move the needle on health equity by mitigating transportation barriers so patients can access life-saving medications.

From its opening to the end of 2023, the satellite pharmacy made a tangible impact, dispensing over 1,000 prescriptions to 228 patients, and continues to grow. This newly established pharmacy underscores San José Clinic's commitment to identifying needs and acting to advance the health and well-being of the medically underserved.





### 3rd Annual Reception for Msgr. Walsh Donor Society

San José Clinic's third annual reception for the Monsignor Walsh Donor Society was an event that we are immensely grateful for. We appreciate the opportunity to honor the generosity and dedication of our donors to San José Clinic, carrying on the legacy of Monsignor George T. Walsh's vision and passion for charitable work from a century ago.

Monsignor Walsh, the founder of our Clinic, had a deep interest in charity work, education, and social welfare causes. Donor society members giving reflects his century-old vision. We thank you for embodying that mission by supporting San José Clinic, both now and in the years to come.











#### **Back to School**

San José Clinic was thrilled to host its 18th annual Back To School event, collaborating with the Charity Guild of Catholic Women. The excitement stemmed from the opportunity to give back to the community by providing essential items for over 130 children of the Clinic's patients.

As part of our commitment to supporting education and well-being, each child received backpacks, school supplies, books, socks, underwear, and enjoyed delightful Kona Ice Treats. This initiative reflects our dedication to fostering a positive impact on the lives of children and families within the community, ensuring they are well-equipped for a successful school year ahead.











### **Patient Christmas Party**

San José Clinic's 96th Annual Patient Christmas Party, in partnership with The Charity Guild of Catholic Women, was a heartwarming gathering. With support from Pierpont Communications Inc., H-E-B, PetSmart, St. Luke's Health, Amegy Bank, St. Laurence Catholic Church, and many others, 350 children from 140 families were blessed by this combined effort.

Due to the extraordinary support of H-E-B, a generous donation of \$10,000 in gift cards ensured that each family could enjoy a special meal on Christmas Eve. Contributions from Pierpont Communications Inc. and Amegy Bank allowed us to create an enchanting experience for all attendees. St. Luke's Health donated handmade wooden toys, and PetSmart provided a stuffed animal for every child. A heartfelt thank you to all who made this event possible!











### **Forever Healing Gala**

San José Clinic's Forever Healing Gala was a memorable event, with an evening of history and commemoration including a reception, dinner, wine pull, live auction, and more. The Forever Healing Gala raised over \$425,000! The proceeds from the Gala support the Clinic's mission to provide healing through quality healthcare and education with respect and compassion for those with limited access to care.

Special thanks to our Diamond Sponsor, St. Luke's Health; our Gold Sponsors, Congregation of the Sisters of Charity of the Incarnate Word, Archdiocese of Galveston-Houston, Raye G. White, and CHRISTUS Foundation for HealthCare; our Wine Pull Underwriter, Patti and Paul Yetter; our Healing sponsor, Joan & Phil Morabito; our Auction Chair, Lauren Robishaw; and our Honorary Chair, His Eminence Daniel Cardinal DiNardo.







San José Clinic is honored to collaborate with various philanthropic businesses in the community, forming meaningful community partnerships that raise funds and awareness to support the operations of the Clinic and ensure access to health for the medically underserved in our communities. Partnerships with Lupe Tortilla, Charity Guild of Catholic Women, Houston Texans, Walmart, and others contribute significantly to providing essential care for our patients in need. With their generous support, these partners enable the Clinic to enhance health outcomes for uninsured and underserved individuals.







San José Clinic volunteer, Dr. Mark MacGregor, was awarded the Houston Texans Community Quarterback Award presented by Community Coffee. This award honors the spirit of volunteering and someone who exemplifies leadership, dedication & a commitment to improving the Houston community.



The Charity Guild of Catholic Women invested \$100,000 in San José Clinic's Circle of Hearts Endowment Fund.



Lupe Tortilla Mexican Restaurants donates proceeds from Pink Ribbon Margarita promotion, in collaboration with San José Clinic, to support Breast Cancer Awareness.



Walmart's Spark Good Local Grant program invests in San José Clinic mission to break barriers to health equity.





A special thank you to our partner, CHRISTUS Foundation for HealthCare. Their generous in-kind donation covers San José Clinic's rent expenses. Their support plays a crucial role in advancing our shared mission to ensure access to health for the underserved.

Marianita P. & Lee Snodgrass

Mary & Ronald Neal

#### \$999.999 -\$500.000

Archdiocese of Galveston-Houston The George Foundation

#### \$499,999 -\$100,000

Charity Guild of Catholic Women
CHI St. Luke's Health
Congregation of the Sisters of Charity of
the Incarnate Word
Fort Bend County Judge's Office
Houston Methodist Hospital
MD Anderson Foundation
Sanchez Family Foundation
United Way of Greater Houston

#### \$99,999 -\$50,000

Delta Dental Community Care Foundation Direct Relief International Houston Food Bank John S. Dunn Foundation Lori Gallagher & Curtis W. Huff Strake Foundation

#### \$49,999 -\$10,000

AmeriCares Foundation BlueCross BlueShield of Texas Boyd & Evelyn Mullen Foundation Catholic Endowment Foundation -Little Flower Shop CHRISTUS Foundation for HealthCare Dominican Sisters of Houston Florence & William K. McGee Jr. Foundation George and Mary Josephine Hamman Foundation Gerard Meneilly Gulf Coast Medical Foundation Houston Texans Foundation James Avery Artisan Jewelry Joan & Philip Morabito

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#### \$9,999 -\$5,000

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# 2023 FINANCIALS

Annual Giving	\$327,889
Program Funding	\$1,851,067*
Patient Income	\$978,576
Foundations	\$619,700
Corporations and Organizations	\$1,503,922
In-kind Contributors	\$8,888,770
Special Events	\$464,380
Investment and Other Income	\$84,163
Total	\$14,718,467

# Thank you!

Your dedication and generosity play a tremendous role in ensuring thousands of hard-working, uninsured Texans can receive quality healthcare. Thank you for recognizing the value of providing a respectful dignified health home for those in need.

\*includes Foundation Giving



#### Volunteer

Exceptional volunteer healthcare providers, institutions of higher learning, church groups, community service organizations, retirees, and community volunteers work alongside Clinic staff to provide an array of services to those in need. To become a volunteer, contact Fernando Barajas, Volunteer Program Manager, at 713.490.2667 or volunteer@sanjoseclinic.org.

#### **Donate**

San José Clinic receives 90% of our funding from philanthropic sources. Join our financial supporters to help ensure quality care for the uninsured of Houston. You can give in honor or in memory of a loved one online at sanjoseclinic.org/donate or by phone at (713) 490-2633.

#### **Fundraising Event**

San José Clinic hosts fundraising events throughout the year – These events raise vital operating support and awareness. For more information on these events and discover how you can get involved in supporting accessible healthcare for underserved communities, visit www.sanjoseclinic.org/news-and-events.

#### **Patient Events**

Our patient events, including the Back-to-School event and Patient Christmas Party, bring joy to our patients and their families. You can volunteer at the parties, assist with preparations, or financially support these events.

#### **Corporate Engagement**

Corporate sponsorship of events or programs and matching gift programs are ways for companies to get involved.

#### **Collaborative Partners**

San José Clinic relies on volunteer healthcare providers and other community volunteers from institutions of higher learning, church groups and other faithbased and community service organizations and retirees. In addition to the much needed manpower, donated medications, supplies and support from funders combine to keep the Clinic costs at a minimum.

#### WAYS TO GIVE

Your monetary and in-kind gifts help San José Clinic continue to fulfill our mission to provide quality healthcare for the uninsured.

#### Donate Online at sanjoseclinic.org/donate

Make an annual gift, become a sustaining giver, or give in honor or memory of someone special.

Be tax-wise by donating appreciated securities, such as stock or mutual funds.

Make a matching gift through your company match and amplify your gifts.

Planned gifts are a very thoughtful way to provide for the future needs of San José Clinic.

For more information, please call (713) 490-2633.



Donate Online









#### OUR MISSION:

To provide healing through quality healthcare and education with respect and compassion for those with limited access to care.

Founded in 1922, San Jose Clinic is a 501 (c)(3) non-profit organization, a United Way Partner, a Texas Medical Center member institution, and a ministry of the Archdiocese of Galveston-Houston.

#### San José Clinic (Midtown)

2615 Fannin St, Houston, TX 77002 - Tel: (713) 228-9411

#### San José Clinic (Fort Bend)

1615 Avenue E, Rosenberg, TX 77471 - Tel: (832) 945-6711

#### San José Clinic Pharmacy (Ft. Bend)

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