

San José Clinic: Model of Care

As shown in the following chart, San José Clinic's model of care is very cost-effective, due in large part to the Clinic's utilization of volunteer healthcare providers, donated pharmaceuticals, and generous discounts on lab fees. In 2006, on average, a comprehensive patient exam, including lab services and prescription medications, cost the Clinic a mere \$83. The Clinic's administrative overhead in 2006 was 16%.

Cost per patient visit analysis

2006 Clinic expenses (cash expenses only, does not include in-kind)	\$2,825,641
# Clinic visits in 2006	27,157
Cost per visit	\$104
Less average amount patient contributes to care	(\$21)
Actual cost per patient visit	\$83
Visit includes	Medical exam by primary care or specialist physician Dental exam and treatment by dentist Pharmaceuticals Lab work Social service referrals and support

As another example of the cost-effectiveness of the Clinic's services, the chart below demonstrates the value of healthcare services at San José Clinic in comparison to the cost of equal services at a private physician's office, a retail lab, and a retail pharmacy. This example corresponds to a specific San José Clinic patient who has lupus and receives care at San José Clinic from a volunteer physician who is the Director of Rheumatology for the Methodist Center for Orthopaedic Surgery in Houston. This physician has volunteered at San José Clinic for more than six years. The patient's condition requires monthly physician appointments, lab work, and prescription medications, which are provided through San José Clinic's on-site pharmacy.

Cost to patient: San José Clinic vs. private physician and retail services

	Patient cost at San José Clinic	Patient cost at private physician office and retail facilities If the patient is uninsured, he/she is responsible for full fees.
Physician (MD) visit	\$15	\$536-new patient visit/\$253-follow-up visit
Lab work-in one sitting	\$0 (included in \$15 fee)	\$415-retail lab
Prescription medications	\$0 (included in \$15 fee)	\$1,779-retail pharmacy
Total	\$15 per visit	\$2,447 to \$2,730 per visit